

NEW PATIENT QUESTIONNAIRE: PEDIATRICS

INSTRUCTIONS: Carefully complete all 3 pages of this form in full. Relate all answers to patient's own experience.

NAME: _____ AGE: _____ DOB: _____ DATE: _____

Referred by: _____ Pediatrician: _____

Circle the allergy problem(s) that you have:

- | | | | |
|---------------------------------|-------------------|----------------|---------------------|
| Runny / stuffy nose (hay fever) | Sinusitis | Insect allergy | Eye or ear problems |
| Asthma | Eczema / rash | Drug allergy | Headache |
| Cough | Hives or swelling | Food allergy | Frequent infections |

The major problem(s) you wish to discuss is: _____

List all prescription and over the counter medications you are now using (name & dosage):

List medications you have tried in the past for your allergy problems: _____

I. Symptoms

- | | | | | | |
|-----------------|-----------------------------|--------------------|------------------------------------|--------------------------------------|------------|
| Eyes: Itch___ | Swell___ | Burn___ | Tear___ | Discharge___ | Dry___ |
| Ears: Itch___ | Fullness___ | Popping___ | ↓ hearing___ | Pain___ | Ringing___ |
| Nose: Sneeze___ | Itch___ | Runs___ | Stuffy___ | Mouth breather___ | |
| | Snoring___ | Headache___ | Decreased smell___ | Decreased taste___ | |
| Throat: Itch___ | Sore___ | Post nasal drip___ | Throat clearing___ | Swelling___ | |
| Chest: Cough___ | Phlegm___ | Hoarseness___ | Asthma diagnosed by a physician___ | | |
| | Wheezing___ | Heartburn___ | Chest Tightness___ | Shortness of breath with exercise___ | |
| | Nighttime cough/wheezing___ | | | | |
| Skin: Eczema___ | Hives___ | Swelling___ | Rashes___ where on body?_____ | | |

A. Respiratory allergies

1. Age of onset of your hay fever _____, and/or asthma _____
2. Do you have daily symptoms? _____
3. What time of year are your allergies or asthma worse? (please list months) _____
4. What time of day or night is the worst for your symptoms? _____
5. Does any particular exposure (e.g. cat, smoke, weather change, work, school) make you worse?(list) _____
6. Do you get sinus infections (yellow/green nasal drainage, pain, etc.)? _____ How often? _____
How is it usually treated? _____
7. Have you had nose or sinus surgery, tonsils/adenoids removed, or ear tubes? _____
9. Have you ever been hospitalized for your asthma? _____ Emergency room? _____

B. Insect allergy

Have you had a severe allergic reaction to a stinging insect (bee, wasp, yellow jacket, hornet, fire ant)? (explain) _____

C. Drug allergies

Please list all drugs, reaction, and approximate date: _____

D. Food allergies

Please list all foods and reaction they cause: _____

E. Have you had hives (welts) before? (when and for how long) _____

F. Have you had eczema (red, scaly, itchy skin) previously? _____

G. Are you sensitive to latex or rubber products? (explain) _____

II. Previous Allergy Evaluation and Treatment

A. Name of allergist and city _____

B. Were you tested for allergies by skin test or blood test? _____ When _____ Results: _____

C. Have you received allergy shots? _____ When, how long: _____

D. Have you ever had steroid pills (dosepak, Prednisone) or shots (cortisone)? _____ When _____

III. Past Medical History

A. Medical problems: (please circle)

High blood pressure

Stomach ulcer

Cancer

Diabetes

Abnormal chest x-ray

GERD (acid reflux)

HIV / AIDS

Thyroid problem

ADD/ADHD

Hiatal hernia

Other: _____

Heart disease

Depression

B. Please list all important operations and other hospitalizations that you have had: _____

C. Have you ever had a blood transfusion? _____

D. Have you experienced recurrent sore throats, bronchitis (how often) _____

Or severe infections (kidney, meningitis, pneumonia) _____

E. Have you ever had a chest x-ray, sinus x-ray, breathing test, blood tests? Comment on results _____

F. Do you receive the flu vaccine yearly? _____

G. Are your vaccinations up to date? _____

IV. Family History

A. How many siblings do you have? _____ brothers _____ sisters

B. Do your close relatives have any of the allergy problems mentioned above? (list and comment)

C. Are there any hereditary diseases or other disorders that seem to occur frequently in your family? _____

V. Personal and Environmental History

A. Do you presently smoke? (how much and how long) _____

B. Have you ever smoked? (how much and how long) _____ Quit: _____ years ago

C. Are there smokers other than yourself at home? _____, how many _____

D. Do you have animals at home? (type and for how long) _____

E. Do you have mostly wall-to-wall carpeting in your home? _____ In your bedroom? _____

F. What school and grade are you in? _____

G. Has your problem caused you to miss school? _____

- H. How long have you lived in the area? _____ Lived previously in? _____
- I. Do your symptoms become better or worse on vacation? _____
- J. Does a change in the weather influence your symptoms? _____
- L. What are your daily activities (school, daycare, etc)? _____
- M. How many other people live in your home? _____

VI. Review of Systems: Do you have any of the following? (check)

General

- ___ weight loss
- ___ fever
- ___ night sweats
- ___ loss of appetite
- ___ dry mouth
- ___ snoring

Gastrointestinal

- ___ nausea / vomiting
- ___ diarrhea
- ___ change in bowel habits
- ___ trouble swallowing
- ___ heartburn

Blood

- ___ anemia (low blood)
- ___ bleed or bruise easily
- ___ swollen lymph nodes

Eyes and ears

- ___ dry eyes
- ___ change in vision
- ___ trouble hearing
- ___ ringing in ears

Cardiovascular

- ___ chest pain
- ___ chest pain with exercise
- ___ calf pain with exercise
- ___ ankle swelling

Musculoskeletal

- ___ morning joint stiffness and aching
- ___ painful, swollen joints
- ___ muscle tenderness or pain
- ___ muscle weakness

Endocrine

- ___ cold / heat intolerance
- ___ increased thirst
- ___ frequent urination

Psychological

- ___ fearful, anxious
- ___ excessive worry

Gynecological

- ___ excess bleeding
- ___ changes in menstrual cycle

Skin

- ___ recurrent skin infections
- ___ skin rashes

Neurological

- ___ weakness /clumsiness
- ___ tingling/numbness of extremities

VII. Additional Information

Anything else you want to discuss during your initial visit?
